सत्यमेव जयते

निष्पक्ष खेल
Play fair

NATIONAL ANTI DOPING AGENCY INDIA

2026



राष्ट्रीय डोप रोधी एजेंसी

(युवा कार्यक्रम और खेल मंत्रालय, भारत सरकार का स्वायत्त निकाय)

National Anti Doping Agency

(An Autonomous Body of Ministry of Youth Affairs & Sports, Govt. of India)

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Principles and Values of Clean Sports

Equity

Equity is about the opportunity for all to achieve

Development

To promote health, fairness and equality for athletes worldwide

Harmony

To ensure effective and coordinated anti-doping efforts worldwide

Respect

Having respect & dignity for self and others

Inclusion

Inclusion is about participation for all

Fundamental Rights

To protect the athlete's fundamental right to participate in doping-free sport

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TODAY & EVERYDAY

जनवरी JANUARY

रविवार Sunday	सोमवार Monday	मंगलवार Tuesday	बुधवार Wednesday	बृहस्पतिवार Thursday	शुक्रवार Friday	शनिवार Saturday
				1	2	3 हजरत अली जन्म दिवस Hazrat Ali B'day
4	5	6	7	8	9	10
11	12	13	14 मकर संक्राति Makar Sankranti	15	16	17
18	19	20	21	22	23 वसंत पंचमी Vasant Panchmi	24
25	26 गणतंत्र दिवस Republic Day	27	28	29	30	31

NADA India's Vision

To upholds the spirit of clean sports and endeavors to promote integrity and fair play in sports.
To emphasizes the principle that "An athlete's first experience with anti-doping should be through education rather than doping control".

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Principle of Strict Liability

Athletes are solely responsible for any prohibited substance or method found in their body, regardless of intent.

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फरवरी FEBRUARY

रविवार Sunday	सोमवार Monday	मंगलवार Tuesday	बुधवार Wednesday	बृहस्पतिवार Thursday	शुक्रवार Friday	शनिवार Saturday
1 गुरू रविदास जन्म दिवस Guru Ravi Das B'day	2	3	4	5	6	7
8	9	10	11	12	13	14
15 महाशिव रात्रि Mahashiv Ratri	16	17	18	19	20	21
22	23	24	25	26	27	28

In fields of play, where spirits soar,
Fairness we cherish, forevermore.
Clean sport's grace, a guiding light,
Uniting hearts, in joyous flight.

No shadows cast, no cheats in sight,
Honor and truth, our compass right.
With skill and heart, we take a stand,
Hand in hand, we'll walk the land.

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Ensure Clean Sport with Proper Nutrition

Many supplements may contain undisclosed prohibited substances. Prioritise whole, natural foods to ensure safety and compliance with anti-doping regulations



मार्च MARCH

रविवार Sunday	सोमवार Monday	मंगलवार Tuesday	बुधवार Wednesday	बृहस्पतिवार Thursday	शुक्रवार Friday	शनिवार Saturday
1	2	3 होलिका दहन Holika Dahan	4 होली Holi	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20 जमात उल विदा Jamat UL Vida	21 ईद उल–फित्र Eid al-fitr
22	23	24	25	26 राम नवमी Ram Navami	27	28
29	30	31 महावीर जयंती Mahavir Jayanti				

In victory or loss, we'll stay true,
For sportsmanship, the golden view.
Let joy and pride guide every play,
As we uphold fair play, each day.

Promoting clean sport, bound by love,
In this endeavor, we rise above.
Together we shine, forever bright,
In this pure quest, we find delight.

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Know Your Rights Protect Your Sport

- **Equality of Opportunity**
- **Right to Accountability**
- **Right to Justice**
- **Equitable and Fair Testing Programs**
- **Medical Treatment and Protection of Health Rights**

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अप्रैल APRIL

रविवार Sunday	सोमवार Monday	मंगलवार Tuesday	बुधवार Wednesday	बृहस्पतिवार Thursday	शुक्रवार Friday	शनिवार Saturday
			1	2	3 गुड फ्राइडे Good Friday	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

Let hard work and talent be our guide,
And let our willpower remain by our side.

Behind unnatural means to gain fame,
For that victory will bring no acclaim.

Let's strive for excellence with a clear mind,
And leave cheating and shortcuts behind.

So, say no to doping and play fair,
And let the true spirit of
sportsmanship be our share.

A true champion is one who abides,
By the rules and brings pride.

For in the end, it is not just about the win,
But about the person we become within.

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Fair Play Begins with Awareness!



The WADA Prohibited List 2026 comes into effect on 1 January 2026

SCAN TO KNOW MORE

Make informed choices and keep competition clean

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TODAY & EVERYDAY

मई MAY

रविवार Sunday	सोमवार Monday	मंगलवार Tuesday	बुधवार Wednesday	बृहस्पतिवार Thursday	शुक्रवार Friday	शनिवार Saturday
31					1 बुध पूर्णिमा Budh Purnima	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27 ईद उल–जुहा (बकरीद) Ed al-Zuha	28	29	30

Say No to Doping

Keep sports clean, play the fair game,
Make your efforts count to earn a name.
Shortcuts may lead to temporary fame,
But they lead to bans, life-time of shame.

Drugs may power the body to victory,
Drugs may push teams to win through trickery.
But remember, drugs will make
the body weak and jittery,
And catching drug cheats is no longer a mystery.

National Anti Doping Agency is at top of its game,
Say No to doping, play the fair game.
Sports is a celebration of human spirit,
Its joy and happiness, there is no limit.

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जून JUNE

रविवार Sunday	सोमवार Monday	मंगलवार Tuesday	बुधवार Wednesday	बृहस्पतिवार Thursday	शुक्रवार Friday	शनिवार Saturday
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26 मुहर्रम Muharram	27
28	29	30				

WE TAKE A STAND.

In the realm of sports, we take a stand,
Against doping's deceitful hand.
With hearts of valor and spirits high,
We strive for clean play, we unify.

National Anti Doping Agency, our guide,
Ensuring fair contests, with honor abide.
In strength we find, in truth we share,
Embracing sportsmanship, beyond compare.

Together we'll uphold the righteous creed,
Where fairness and integrity succeed.

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NATIONAL ANTI DOPING AGENCY INDIA

Steps During the Doping Control Process

1. Athlete Selection
2. Notification
3. Reporting to Doping Control Station
4. Sample Collection Equipment
5. Providing a Sample
6. Volume of Urine
7. Splitting the Sample
8. Sealing the Sample
9. Measuring Specific Gravity
10. Completing Doping Control Form
11. The Laboratory Process



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जुलाई JULY

रविवार Sunday	सोमवार Monday	मंगलवार Tuesday	बुधवार Wednesday	बृहस्पतिवार Thursday	शुक्रवार Friday	शनिवार Saturday
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

Through trials and tests, we'll firmly stay,
Championing clean sports, come what may.

For athletes bold, we pave the way,
In a world of sports, where justice holds sway.
The spirit of competition, free from stain,
Anti-doping's shield, our pride regain.

With unwavering resolve, we'll fight the fight,
Preserving the purity of sports, shining bright.
Let's unite in the quest to keep games fair,
For clean sports' glory, we deeply care.

2026



अगस्त AUGUST

रविवार Sunday	सोमवार Monday	मंगलवार Tuesday	बुधवार Wednesday	बृहस्पतिवार Thursday	शुक्रवार Friday	शनिवार Saturday
30	31					1
2	3	4	5	6	7	8
9	10	11	12	13	14	15 स्वतंत्रता दिवस Independence Day
16	17	18	19	20	21	22
23	24	25	26 ईद ए–मिलाद Id-e-Milad	27	28 रक्षा बंधन Raksha Bandhan	29

In the realm where athletes tread,
A noble quest, where honor's thread,
Promoting clean sport, fair play's light,
A beacon strong, shining so bright.

No shadows cast by cheats or lies,
Where honesty and skill arise,
The spirit of the game, untamed,
In fair competition, heart's unblamed.

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Speak Up

Protect the Integrity of Sport

Safeguard fair play by sharing any doping related information confidentially and securely

speakup-nada@gov.in

+91 9205145557

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सितम्बर SEPTEMBER

रविवार Sunday	सोमवार Monday	मंगलवार Tuesday	बुधवार Wednesday	बृहस्पतिवार Thursday	शुक्रवार Friday	शनिवार Saturday
		1	2	3	4 जन्माष्टमी Janmashtami	5
6	7	8	9	10	11	12
13	14 गणेश चतुर्थी Ganesh Chaturthi	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

No shortcuts sought, no secret ways,
In clean sport's realm, all darkness stays,
With passion true and virtue's high,
Fair play's anthem, reaching the sky.

From every field, from every court,
Rings out the call, a sacred port,
To champion clean sport's embrace,
And fair play's grace, forever in place.

So let us stand, united all,
For clean sport's rise, we proudly call,
A symphony of fairness, strong and clear,
In every heart, in every cheer.

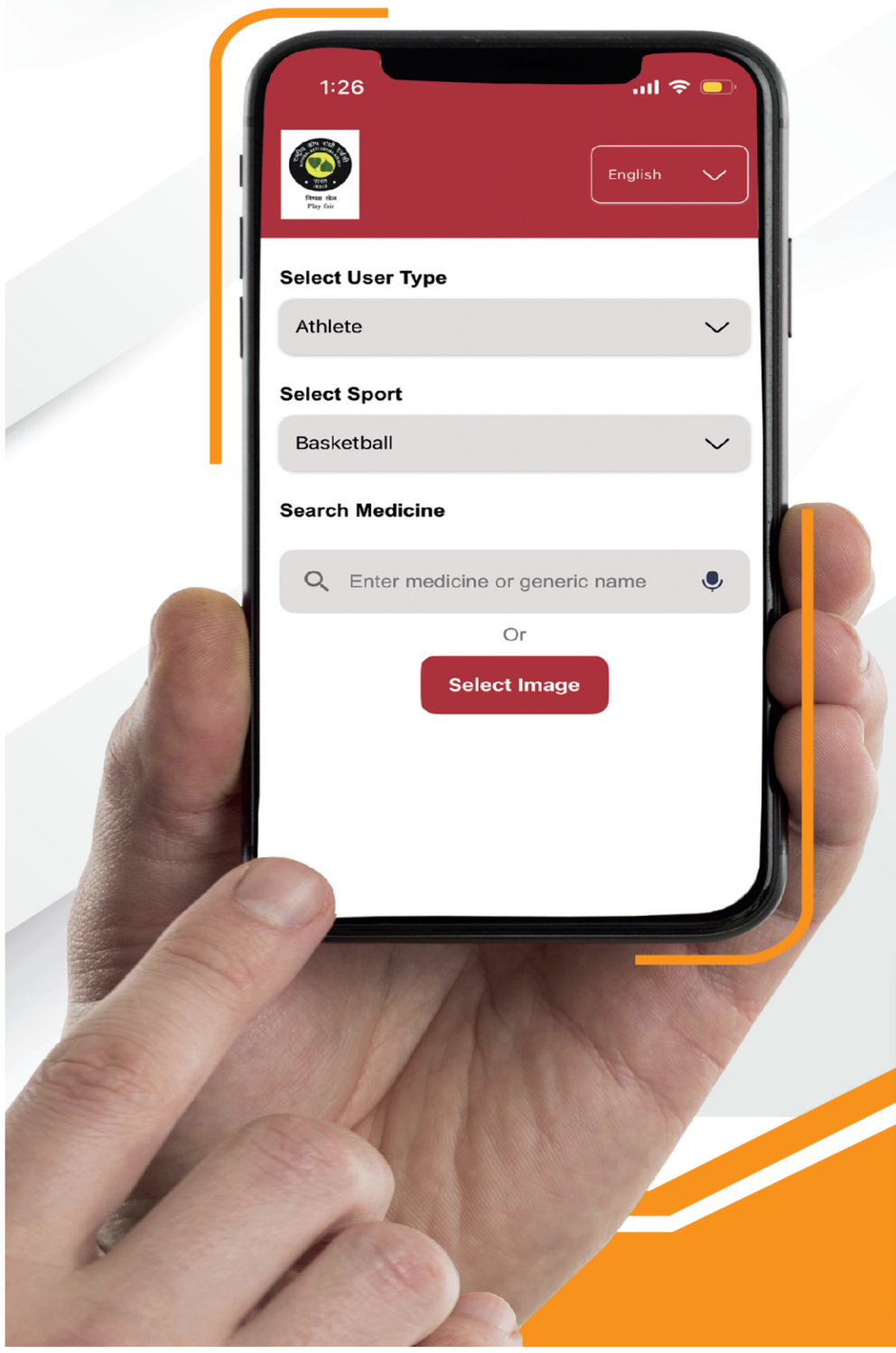
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Clean Choices Build Champions!



Use the

Know Your Medicine App

to verify your medicines and avoid prohibited substances and methods

Stay informed
Play safe

Scan to download

GET IT ON Google Play

Download on the App Store

Download Now

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अक्टूबर OCTOBER

रविवार Sunday	सोमवार Monday	मंगलवार Tuesday	बुधवार Wednesday	बृहस्पतिवार Thursday	शुक्रवार Friday	शनिवार Saturday
				1	2 महात्मा गांधी जयंती Mahatma Gandhi Jayanti	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20 दशहरा Dussehra	21	22	23	24
25	26 वाल्मीकि जयंती Valmiki Jayanti	27	28	29 करवाचौथ Karwachouth	30	31

Clean sport, fair play, build trust strong,
Forgoing accusations, truth we prolong.
Shun the drugs, athletes stand tall,
In the sports arena, victory we enthrall.

Ethics triumph in each competition's game,
Clean play's essence, fair athletes acclaim.
Uphold the honor of our nation's fame,
In the field of sports, ethics we proclaim.

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What are Anti-Doping Rule Violations (ADRVs)?

When an athlete or athlete support personnel commits a doping offence, it is known as an Anti-Doping Rule Violation (ADRV).

Certain consequences or sanctions apply to the athlete or athlete support personnel who commits an ADRV.

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नवम्बर NOVEMBER

रविवार Sunday	सोमवार Monday	मंगलवार Tuesday	बुधवार Wednesday	बृहस्पतिवार Thursday	शुक्रवार Friday	शनिवार Saturday
1	2	3	4	5	6	7
8 दीपावली Deepawali	9 गोवर्धन पूजा Govardhan Pooja	10 भाई दूज Bhai Duj	11	12	13	14
15 छठ पूजा Chhat Puja	16	17	18	19	20	21
22	23	24 गुरू पर्व Guru Nanak Jayanti	25	26	27	28
29	30					

Promoting Clean Sport & Fair Play

In arena of sports, where champions are made,
There lies a spirit that must never fade.

With determination and unwavering grace,
Athletes compete in this sacred space.

They uphold thy values, they show the way,
Of love & integrity through fair play.

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NATIONAL ANTI DOPING AGENCY INDIA

The Fair Play Guide

Play Fair
Uphold the Integrity

An essential handbook on integrity in sport and anti-doping compliance



Download Now

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TODAY & EVERYDAY

दिसम्बर DECEMBER

रविवार Sunday	सोमवार Monday	मंगलवार Tuesday	बुधवार Wednesday	बृहस्पतिवार Thursday	शुक्रवार Friday	शनिवार Saturday
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25 क्रिसमस Christmas Day	26
27	28	29	30	31		

Likely, through clean sport and fair play,
We can inspire, uplift, and light the way.

And the victory achieved with honor& grace,
Brings more joy than any tainted embrace.

So, vow to promote
clean sport, where athletes compete,
With honesty and love for nations concrete.

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2026

अवकाश सूची

List of Holidays

राजपत्रित अवकाश

GAZETTED HOLIDAYS

गणतंत्र दिवस	सोमवार	26 जनवरी	Republic Day	Monday	26 January
होली	बुधवार	04 मार्च	Holi	Wednesday	04 March
ईद–उल–फ़ित्र	शनिवार	21 मार्च	Id-Ul-Fitr	Thursday	26 March
राम नवमी	बृहस्पतिवार	26 मार्च	Ram Navami	Saturday	21 March
महावीर जयंती	मंगलवार	31 मार्च	Mahavir Jayanti	Tuesday	31 March
गुड फ्राइडे	शुक्रवार	03 अप्रैल	Good Friday	Friday	03 April
बुद्ध पूर्णिमा	शुक्रवार	01 मई	Buddha Purnima	Friday	01 May
ईद–उल–जुहा(बकरीद)	बुधवार	27 मई	Id-ul-Zuha(Bakrid)	Wednesday	27 May
मुहर्रम	शुक्रवार	26 जून	Muharram	Friday	26 June
स्वतंत्रता दिवस	शनिवार	15 अगस्त	Independence Day	Saturday	15 August
मिलाद–उन–नबी / ईद–ए–मिलाद (पैगम्बर मोहम्मद साहब का जन्म दिवस)	बुधवार	26 अगस्त	Milad-un-Nabi-or Id-e-Milad (Birthday of prophet Mohammad)	Wednesday	26 August
जम्माष्टमी	शुक्रवार	04 सितम्बर	Janmashtami	Friday	04 September
गांधी जयंती	शुक्रवार	02 अक्टूबर	Mahatma Gandhi's Birthday	Friday	02 October
दशहरा	मंगलवार	20 अक्टूबर	Dussehra(Vijay Dashmi)	Tuesday	20 October
महर्षि वाल्मीकि जयंती	सोमवार	26 अक्टूबर	Maharishi Valmiki's Brthday	Monday	26 October
दिवाली	रविवार	08 नवम्बर	Diwali(Deepavali)	Sunday	08 November
गुरु नानक जयंती	मंगलवार	24 नवम्बर	Guru Nanak's Birthday	Tuesday	24 November
क्रिसमस	शुक्रवार	25 दिसम्बर	Christmas Day	Friday	25 December

वैकल्पिक अवकाश

RESTRICTED HOLIDAYS

नव वर्ष	बृहस्पतिवार	01 जनवरी	New Year's Day	Thursday	01 January
हजरत अली का जन्मदिन	शनिवार	03 जनवरी	Hazarrat Ali"s Birthday	Saturday	03 January
मकर संक्रांति	बुधवार	14 जनवरी	Makar Sankranti	Wednesday	14 January
माघ बिहू पोंगल	बुधवार	14 जनवरी	Magh Bihu Pongal	Wednesday	14 January
श्री पंचमी, बसंत पंचमी	शुक्रवार	23 जनवरी	Sri Panchami, Basant Panchami	Friday	23 January
गुरु रवि दास जयंती	रविवार	01 फरवरी	Guru Ravi Das's Birthday	Sunday	01 February
स्वामी दयानंद सरस्वती जयंती	बृहस्पतिवार	12 फरवरी	Birthday of Swami Dayananda Saraswati	Thursday	12 February
महा शिवरात्रि	रविवार	15 फरवरी	Maha Shivratri	Sunday	15 February
शिवा जी जयंती	बृहस्पतिवार	19 फरवरी	Shiva ji Jayanti	Thursday	19 February
होलिका दहन	मंगलवार	03 मार्च	Holika Dahan	Tuesday	03 March
डोलयात्रा	मंगलवार	03 मार्च	Dolyatra	Tuesday	03 March
चैत्र शुक्लादि / गुढ़ी पाड़वा / उगादी / चेती चांद	बृहस्पतिवार	19 मार्च	Chairtra Sukladi/Gudi Padava/ Ugadi/Cheti Chand	Thursday	19 March
जमात–उल–विदा	शुक्रवार	20 मार्च	Jamat-Ui-Vida	Friday	20 March
ईस्टर रविवार	रविवार	05 अप्रैल	Easter Sunday	Sunday	05 April
बैसाखी / विषु	मंगलवार	14 अप्रैल	Vaisakhi/Vishu	Tuesday	14 April
वैशाखादि(बंगाल) / बोहाग बिहू	बुधवार	15 अप्रैल	Vaisakhadi(Bengal)/Bahag Bihu	Wednesday	15 April
गुरुदेव रबीन्द्रनाथ टैगौर जयंती	शनिवार	09 मई	Guru Rabindranath Tagore Birthday	Saturday	09 May
रथ यात्रा	बृहस्पतिवार	16 जुलाई	Rath Yatra	Thursday	16 July
पारसी नव वर्ष दिवस / नव वर्ष	शनिवार	15 अगस्त	Parsi New Year's day/Nauraj	Saturday	15 August
ओणम	बुधवार	26 अगस्त	Onam	Wednesday	26 August
रक्षा बंधन	शुक्रवार	28 अगस्त	Raksha Bandhan	Friday	28 August
गणेश चतुर्थी / विनायक चतुर्थी	सोमवार	14 सितम्बर	Ganesh Chaturthi/ Vinayaka Chaturthi	Monday	14 September
दशहरा (सप्तमी)	रविवार	18 अक्टूबर	Dussehra (Saptami)	Sunday	18 October
दशहरा (महाअष्टमी)	सोमवार	19 अक्टूबर	Dussehra (Mahashtami)	Monday	19 October
दशहरा (महानवमी)	मंगलवार	20 अक्टूबर	Dussehra (Mahanavmi)	Tuesday	20 October
करक चतुर्थी (करवा चौथ)	बृहस्पतिवार	29 अक्टूबर	Karaka Chaturthi (Karwa chouth)	Thursday	29 October
नरक चतुर्दशी	रविवार	08 नवम्बर	Naraka Chaturdasi	Sunday	08 November
गोवर्धन पूजा	सोमवार	09 नवम्बर	Goverdhan Puja	Monday	09 November
भाई दूज	बुधवार	11 नवम्बर	Bhai Duj	Wednesday	11 November
प्रतिहार षष्ठी / सूर्य षष्ठी (छठ पूजा)	रविवार	15 नवम्बर	Pratihar Shashthi/Surya Shashthi(chhath puja)	Sunday	15 November
गुरु तेग बहादुर शहीदी दिवस	मंगलवार	24 नवम्बर	GuruTeg Bahadur's Martyrdom Day	Tuesday	24 November
हजरत अली का जन्मदिन	बुधवार	23 दिसम्बर	Hazarat Ali's Birthday	Wednesday	23 December
क्रिसमस पूर्व संध्या	बृहस्पतिवार	24 दिसम्बर	Christmas Eve	Thursday	25 December

राष्ट्रीय डोप रोधी एजेंसी

(युवा कार्यक्रम और खेल मंत्रालय, भारत सरकार का स्वायत्त निकाय)

National Anti Doping Agency

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