

# ADEL Registration Instructions for new Users

To register for ADEL, please follow these steps:

1. Click on the following link: <https://adel.wada-ama.org/learn/signin>
2. Click on the "REGISTER" button in the top right corner of the page.
3. Fill in all the required details, including your username, email address, and password.
4. In the "Role" column, select your role (**Athlete**) from the drop-down menu.
5. In the "Time Zone" column, select "(GMT +05:30) Asia/Kolkata" from the drop-down menu.
6. Click on the "NEXT" tab at the bottom of the form.
7. Fill all the details and click on "register here"
8. Now, login to the email address which you have mentioned during the registration process.
9. Click on the activation link in the email received by Adel Wada.
10. Now enter your ADEL username and password and you are ready to go.
11. After log in, explore the dashboard search for the course

Thank you for your attention to this matter.