

ADEL Registration and Course Details

We would like to inform you about the ADEL Global Anti-Doping Education and Learning Platform, which is open to anyone interested in learning about clean sports. ADEL is a free, secure, and user-friendly digital platform that offers education and learning opportunities for the anti-doping community worldwide, including athletes, coaches, parents, medical professionals, and more.

To register for ADEL, please follow these steps:

1. Click on the following link: <https://adel.wada-ama.org/learn/signin>
2. Click on the "REGISTER" button in the top right corner of the page.
3. Fill in all the required details, including your username, email address, and password.
4. In the "Role" column, select your role (**Athlete**) from the drop-down menu.
5. In the "Time Zone" column, select "(GMT +05:30) Asia/Kolkata" from the drop-down menu.
6. Click on the "NEXT" tab at the bottom of the form.
7. Fill all the details and click on "register here"
8. Now, login to the email address which you have mentioned during the registration process.
9. Click on the activation link in the email received by Adel Wada.
10. Now enter your ADEL username and password and you are ready to go.
11. After login, explore the dashboard search for the course in the search option, enroll, and start learning.

ADEL courses for athletes:

- Privacy and Information Security Awareness for Athletes
- Athlete's Guide to the 2021 Code
- At-a-Glance: Athlete Whereabouts
- At-a-Glance: Therapeutic Use Exemptions (TUE)
- At-a-Glance: Anti-Doping Overview
- Dried Blood Spot (DBS) Testing - The Basics
- Factsheet - Glucocorticoid Injections
- ADEL for International-Level Athletes
- Guide to the List 2023
- ADEL for National-Level Athletes
- ADEL for Registered Testing Pool Athletes
- Welcome to Sport Values
 - Respect
 - Equity
 - Inclusion
- ADEL for Talented Level Athletes
- Recertification course for International-Level Athletes/National Level-Athletes

ADEL courses for athlete support personnel:

- ADEL for High-Performance Coaches
- Factsheet for Medical Professionals - Glucocorticoid Injection
- ADEL for Medical Professionals
- ADEL for Medical Professionals at Major Games
- ADEL for Parents of Elite Athletes
- Athlete Support Personnel Guide to the Code 2021
- Sport Values in Every Classroom