



निष्कष खेल  
Play fair

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# Athlete's Rights & Responsibilities

**Credible NADA. Visible NADA. Inclusive NADA.**

# Empowering Athletes: Embracing Anti-Doping Responsibilities

- ▶ Athletes are fundamental to clean sport, shaping its integrity through their actions and choices.
- ▶ Embracing anti-doping responsibilities is crucial for combating doping worldwide and ensuring fair competition.
- ▶ These responsibilities uphold principles of fair play, integrity, and a level playing field for all athletes.
- ▶ Athletes' active engagement in fulfilling anti-doping obligations contributes to preserving the authenticity of athletic competition.
- ▶ Exploring athletes' rights and responsibilities within the anti-doping framework empowers them to foster a culture of clean sport.
- ▶ Understanding and embracing these obligations enable athletes to uphold principles of fairness, respect, and excellence in athletics.



# Athlete's rights under the Code (Athlete's Anti-Doping Right act)

- ▶ Equal opportunities in their pursuit of sport, free of participation by other athletes who dope
- ▶ Equitable and fair testing programs
- ▶ A Therapeutic Use Exemption (TUE) application process
- ▶ To be heard, to have a fair hearing within a reasonable time by a fair, impartial and operationally independent hearing panel, with a timely reasoned decision specifically including an explanation of the reasons of the decision
- ▶ Right to appeal the hearing decision
- ▶ Any ADO that has jurisdiction over them will be accountable for its action and an athlete shall have the ability to report any compliance issue



# Athlete's rights under the Code (Athlete's Anti-Doping Right act)

- ▶ Ability to report Anti-Doping Rule Violations (ADRVs) through an anonymous mechanism and not be subjected to threats or intimidation
- ▶ Receiving anti-doping education
- ▶ Fair handling of their personal information by ADOs in accordance with the International Standard for the Protection of Privacy and Personal Information (ISPPPI) and any local applicable law
- ▶ To pursue damages from another athlete whose actions have damaged that athlete by the commission of an ADRV



# Athlete's Rights During Sample Collection

- ▶ See the identification of the Doping Control Officer (DCO)
- ▶ Request additional information about the sample collection process, about the authority under which it will be carried out and on the type of sample collection
- ▶ Hydrate
- ▶ Be accompanied by a representative and, if available, an interpreter
- ▶ Request a delay in reporting to the doping control station for valid reasons (International Standard for Testing and Investigations Art. 5.4.4)
- ▶ Request modifications for athletes with impairments (if applicable)
- ▶ Be informed of their rights and responsibilities
- ▶ Receive a copy of the records of the process
- ▶ Have further protections for "protected persons" because of their age or lack of legal capacity



# Athlete's Responsibilities

- ▶ Complying with the NADA's Anti-Doping Rules in line with the World Anti-Doping Code
- ▶ Being available for sample collection, whether in-competition or out-of-competition
- ▶ Remaining within direct observation of the Doping Control Officer (DCO) or chaperone at all times from notification until the completion of the sample collection process
- ▶ Providing identification upon request during the sample collection process
- ▶ Ensuring that no prohibited substance enters their body and that no prohibited method is used on them
- ▶ Ensuring that any treatment is not prohibited according to the Prohibited List in force and checking this with the prescribing physicians, or directly with the ADO if necessary



# Athlete's Responsibilities

- ▶ Applying to NADA if no alternative permitted treatment is possible and a Therapeutic Use Exemption (TUE) is required.
- ▶ Reporting immediately for sample collection after being notified of being selected for doping control
- ▶ Ensuring the accuracy of the information entered on the Doping Control Form (DCF)
- ▶ Cooperating with ADOs investigating ADRVs
- ▶ Not working with coaches, trainers, physicians or other athlete support personnel who are ineligible on account of an ADRV or who have been criminally convicted or professionally disciplined in relation to doping



# If you're an athlete, what does that entail for you?

- ▶ Taking anti-doping seriously and comprehensively grasping the principle of strict liability is imperative.
- ▶ Under strict liability, you bear full responsibility for any banned substance detected in your system, irrespective of its origin or intent.
- ▶ In the realm of anti-doping, ignorance is not a valid defense!

