

National Anti Doping Agency
J.L.N Stadium, Hall No. 103-104, First Floor,
Lodhi Road, New Delhi 110 003
Telefax: 011-24368274

To,

Date: 10.04.2026

Mr. Rudransh Mishra
R/o 201/A Sekseria Compound,
Adenwala Bungalow, Golanji Hill
Road, Mukund Jadhav Marg, Near
Baradevi Temple, Parel, Mumbai,
Maharashtra - 400012
Email: rudranshmishra3402@gmail.com

Subj: Decision of the Anti-Doping Disciplinary Panel Case No.- 140/ADDP/2024.

NADA VS. Mr. Rudransh Mishra (ADAMS ID – MARUMA58269)

The order containing the decision of the Anti-Doping Disciplinary Panel dated 09.04.2026 in respect of the final hearing of the above case held on 25.02.2026 is enclosed.

Please note that according to Article 13.2.2 of Anti-Doping Rules of NADA 2021, **the time to file an appeal to the National Anti-Doping Appeal Panel shall be twenty-one (21) days from the date of receipt of this decision by the appealing party.** The appeal may be filed by email at antidoping-panel@gov.in or may be filed directly at the office of the Anti-Doping Panel at J.L.N. Stadium, Ground Floor, Staircase No. 5, Near AICS Office, Lodi Road, New Delhi- 110003.

WADA and the International Federation have a right to appeal against the decision in accordance with Anti-Doping Rules.

Also please note that according to Article 10.7.1- (**Substantial Assistance in Discovering or Establishing Anti-Doping Rule Violations**)- Any period of Ineligibility imposed may be partially suspended if you assist NADA in uncovering and/or establishing an ADRV by another Athlete or Athlete Support Personnel pursuant to Article 10.7.1 ADR. Further, the athlete is subjected to a doping control test during the ineligibility period, therefore, the athlete is required to update his residential address as and when changed.

Copy of the NADA Anti-Doping Rules 2021 may be downloaded from NADA website at the following link: - <https://nadaindia.yas.gov.in>

The receipt of this communication may be acknowledged.

Encl: 07 Sheets.



(Yasir Arafat)

Sr. Programme Associate (Legal)

Copy forwarded together with the copy of the order containing the decision of the Anti-Doping Disciplinary Panel for information and action deemed necessary:

1. The World Anti-Doping Agency, Stock Exchange Tower, 800 Place Victoria (Suit 1700) P. O. Box 180, Montreal (Quebec), H4Z 1B7, Canada.
2. Swimming Federation of India, 45/311, 1st Floor, Saraswatanagar, Nr. Azad Society, Ambawadi, Ahamdabad – 380015.
3. World Aquatics, Chemin de Bellevue 24a/24b - CH - 1005 Lausanne Switzerland.

BEFORE THE ANTI-DOPING DISCIPLINARY PANEL
(PROCEEDING CONDUCTED THROUGH VIDEO CONFERENCING)

In the matter of Mr. Rudransh Mishra (Sports-Aquatics)
for the violation of Articles 2.1 & 2.2 of the National Anti-Doping Rules, 2021

Case No. 140/ADDP/2024

Quorum: *Ms. Charu Pragma, Chairperson*
Dr. Vikaas Sharma, Medical Member
Mr. Bharat Chettri, Sports Member

Present: Advocate Mapreet Kaur Bhasin with Mr Yasir Arafat, Law Officer, NADA
Mr. Rudransh Mishra, Athlete in-person

JUDGMENT DATED 09.04.2026

- A. The present matter before this Anti-Doping Disciplinary Panel (ADDP), constituted in accordance with Article 8 of the National Anti-Doping Rules, arises from an alleged anti-doping rule violation committed by **Mr. Rudransh Mishra (Sports-Aquatics)**. These proceedings concern violations under Article 2.1, relating to the presence of a prohibited substance or its metabolites or markers in an athlete's sample, and 2.2, which pertains to the use or attempted use of a prohibited substance or method. For the purposes of this order, the National Anti-Doping Rules shall be referred to as the "**ADR.**" Unless otherwise specified, all capitalized terms herein shall bear the meaning ascribed to them under the ADR.
- B. The athlete is a National Level "**Aquatics**" player. The athlete declared his date of birth as **03.04.2002** in the Doping Control Form.
- C. **THE BRIEF FACTS:**
- i. On **09th August 2024** first urine sample was collected from the athlete in-competition at "**Selection Trial in 25 M (Short Course), Bhubaneswar, Orissa**" at **13:11 PM** and as per the procedure, the sample was split into A and B portions and marked with Sample Code "A-8132369" and "B-8132369".
 - ii. The **second** urine sample of the athlete was collected on the same day i.e. **9th August 2024** during the competition at 14:33 PM and split into two separate bottles marked with Sample Code "A-8132363" and "B-8132363"
 - iii. That on 03.09.2024 Sample "A-8132363" and "A-8132369" were tested at the National Dope Testing Laboratory, and both the samples returned positive for the presence of "**Metandienone metabolite 17beta-hydroxymethyl, 17alpha-methyl-18-nor-androst-1,4,13-trien-3-one (Methandienone Long Term Metabolite) – Anabolic Androgenic Steroids**".
The above substance is classified under **S1.1 Anabolic Androgenic Steroids** Class of WADA's prohibited list.

- v. Pursuant to Article 7.2.1 of ADR, the Initial Review (dated 05.09.2024) of both the Samples “A-8132363” and “A-8132369” showed that the Athlete did not have Therapeutic Use Exemption (TUE); there was no apparent departure from the International Standard for Testing and Investigations (‘ISTI’) or the International Standard for Laboratories (‘ISL’) that could undermine the validity of the AAF; and the AAF had not been caused by ingestion of the relevant Prohibited Substance through a permitted route.
- vi. The athlete was notified of the adverse analytical findings via a notification dated **06.09 2024**, whereby the athlete was informed about the AAF in his sample reports. The notification also highlighted the violation of Articles 2.1 and 2.2 of the National Anti-Doping Rule for the presence of S1.1 Anabolic Androgenic Steroids - “Metandienone metabolite 17beta-hydroxymethyl, 17alpha-methyl-18-nor-androst-1,4,13-trien-3-one (Methandienone Long Term Metabolite) – Anabolic Androgenic Steroids”.
- vii. Through the Notification of “AAF” the athlete in terms of Article 7.4.1 of the NADR, **athlete was provisionally suspended pending the resolution of his case.**
- viii. That the sample code “A-8132363” and “A-8132369” tested at National Dope Testing Laboratory and both the samples returned with an ***Atypical Finding (“ATF”)*** for the presence prohibited substance **“Clenbuterol – Other Anabolic Agents”**.
The above substance is classified under **S1.2 Anabolic Androgenic Agents** Class of WADA’s prohibited list.
- ix. On 12th September 2024, the athlete replied on the notification dated 6th September 2024 stating that he could not reply earlier because of upcoming competition he was away from all his devices and then he was travelling and then requested to extend time for challenging “A” samples by opening “B” sample/s.
- x. The Notice of Charge was issued to the Athlete on **17.10.2024** and the final opportunity to submit an explanation was granted to the Athlete latest by **06.11.2024**. Additionally, the athlete was provided “Acceptance of Consequences Form” with the Notice of Charge.
- xi. The athlete replied against the Notice of Charge on 6th November 2024 asserting that he comes from a middle-class background and unaware of anti-doping rules and **submitted Acceptance of Consequences Form with his email reply.**
- xii. That on **18.12.2024** vide letter ref. no. F.No. K-11/17/2022-SPO, athlete was asked to provide explanation with supporting evidence for the presence low concentration of **Clenbuterol** before charging ADRV against the athlete, latest by 1st January 2025. Especially, about diet 72 hours prior to anti-doping control test on 09.08.2024 and also to provide name and pictures of any medicine or supplement or product the athlete used or declared in Doping Control Form along with corroborating evidence which can explain the analytical result for **Clenbuterol**.
- xiii. That in response to the said explanation notice the athlete replied through email dated 31.12.2024. In his email the athlete stated that he was living in accommodation provided by

JSW in Bhubneswar City Centre and consuming extra diet and supplements on the advice of his coaches and management staff. The athlete further requested condonation for delay response as he was scared of the consequences. The athlete prayed for leniency due to lack of anti-doping awareness.

- xiv. That on 17th January 2025 a virtual interview schedule in the presence of Mr. Sunil Saluja, R/DCO(I&I) and Sh. SC Sharma Investigator, NADA wherein the athlete stated that he has approx. 35 medals in his career and gone for many dope tests. That he was practising at JSW Orissa and they also provided him food and lodging and at present he is posted at Bangalore as a Havildar in Indian Army and presently he is not practising. He further stated that in January 2023 he met an accident and admitted in Naval Hospital at Mumbai for 3-4 months and was on medication during that period. Moreover, he has taken medicines for relief from toothache at his own and also he was suffering from Kidney problem wherein doctors suggested creatinine that he had mentioned in his DCF. He further informed that in September 2023 he had visited London for his person purpose. He consumed appx 8-10 eggs and 650-700 gm chicken/mutton or fish in breakfast, lunch and dinner provided by the JSW, before his sample collection on 9th August 2024 and that he does not now substance named clenbuterol however he claimed that the on the advice of his Coach MR. Duglas Eigel form South Africa he used to eat pork meats from the local market and also some supplements but can not tell the name as he forgot the same. During the interview the athlete was informed about the RM agreement and substantial assistance under 10.7.1.
- xv. On 20.07.2025 the athlete wrote regarding his case in Anti-Doping Disciplinary Panel with an additional prohibited substance finding that amount to aggravated violations of ADRV and consequent to additional sanction for one year and his defence submitted the following:
- a) That it was the first incidence throughout his career wherein he is charged with ADRV.
 - b) That there was no intent to enhance performance and he remain committed to fair play and clean sports.
 - c) That the athlete is serving the army and posted in forward operational remote area
 - d) The athlete prayed for virtual hearing and reduction in sanction, in view of the above reasons.
 - e) Subsequently, on 03.12.2025 another Notice of Charge for both the prohibited Substances “**Clenbuterol**” was issued against the athlete.
- xvi. On 03.11.2025 NADA informed the decision of ATF vide F.No K-11/17/2022-SPO wherein the as per ISRM article 5.2.3 it was decided to move forward “Atypical Finding “ as an “Adverse Analytical Finding”.
- xvii. Subsequently, on 03.11.2025 Notice of Charge for finding prohibited substance “**Clenbuterol**” under S1.2 Other Anabolic Agents was issued against the athlete.
- xviii. On 03.12.2025 another notice of charge for presence of both the prohibited substances “**S1.1 Anabolic Androgenic Steroids (AAS) / Metandienone metabolite 17beta-hydroxymethyl, 17alpha-methyle-18-nor-androst-1, 4, 13-treien-3one (Methandienone Long Term**

Metabolite) and “**S1.2 Other Anabolic Agents /Clenbuterol**” for violation of Article 2.1 and Article 2.2 the athlete was issued against the athlete.

- xix. NADA received no response regarding the opening and analysis of 'B' sample; therefore, the right to it was deemed waived off.
- xx. These two AAFs were considered as one single ADRV in terms of Article 10.9.3 of the National Anti-Doping Rules, 2021.
- xxi. The Athlete was notified through a letter ref. no F.No. 140/ADDP/2024 dated 05.02.2026 that a Hearing Panel has been constituted to address the alleged anti-doping rule violation. The notification informed the Athlete of his right to respond to the charges and the potential consequences. It also indicated that the Athlete could submit written submissions, along with all supporting documents, to the Anti-Doping Disciplinary Panel. The athlete did not response.
- xxii. In the disciplinary proceedings held on 12.03.2026, the parties addressed their respective arguments following which the judgment was reserved.

D. SUBMISSIONS MADE BY THE ATHLETE ARE REPRODUCED HEREIN

1. The athlete respectfully submits that he has not committed any anti-doping rule violation intentionally and reiterates that, during his stay in the accommodation provided by JSW at Bhubaneswar, he was consuming diet and supplements strictly in accordance with the advice of his coaches and management. It is further pleaded that he did not consume or use any other substance for the purpose of enhancing his performance.
2. He further submits that he had a serious accident in January 2023 and was hospitalized at Naval Hospital, Mumbai for about 3–4 months, where he was given medications. He also took some medicines for toothache on his own and was suffering from a kidney-related issue, for which he was under treatment. All this was disclosed in the Doping Control Form.
3. He further submits that he travelled to London in September 2023 for personal reasons. Before the sample collection on 09.08.2024, he was on a high-protein diet (eggs, chicken, mutton, fish) provided by JSW. He stated that he had no knowledge of the prohibited substance Clenbuterol. On his coach Mr. Douglas Eagle’s advice, he occasionally consumed pork from local markets and some supplements, the names of which he does not remember.
4. He further submits that these facts show that he had no intention to dope, did not know any prohibited substance. Therefore, these circumstances should be considered while deciding his case under the NADR, 2021. Further, the athlete requested for leniency from the panel on account of his clean track record in the past and lack of any ulterior intention to surpass the Anti-Doping Rules.

E. SUBMISSIONS MADE BY NADA ARE REPRODUCED HEREIN:

1. At the outset, it is respectfully submitted that the present case squarely attracts violations under Articles 2.1 and 2.2 of the National Anti-Doping Rules, 2021 (NADR, 2021), on account of the presence as well as use of prohibited substances by the Athlete, as established through two separate in-competition urine samples collected on 09.08.2024.
2. It is submitted that the Athlete Sample “A-8132363” returned Adverse Analytical Findings (AAF) for the prohibited substance Metandienone Long Term Metabolite, classified under S1.1 Anabolic Androgenic Steroids of the WADA Prohibited List. It is further submitted that and Sample “A-8132369 also returned an Atypical Finding (ATF) for Clenbuterol, a substance classified under S1.2 (Other Anabolic Agents), which was subsequently, in accordance with Article 5.2.3 of the International Standard for Results Management (ISRM), rightfully converted into an Adverse Analytical Finding. This establishes the presence of a second prohibited substance, thereby aggravating the nature of the violation.
3. **It is submitted that the presence of multiple prohibited substances, namely Metandienone and Clenbuterol, constitutes an aggravating circumstance within the meaning of the NADR, 2021, warranting enhancement of the period of ineligibility in accordance with applicable provisions.**
4. It is a settled principle under anti-doping jurisprudence that the doctrine of strict liability applies, and it is the personal duty of the Athlete to ensure that no prohibited substance enters his body. Ignorance, reliance on third parties, or lack of awareness cannot absolve the Athlete of liability under Articles 2.1 and 2.2. of the National Anti-Doping Rules, 2021.
5. It is further submitted that the Athlete was duly notified at every stage of the Results Management process, including notification of AAF, imposition of provisional suspension under Article 7.4.1, issuance of Notice of Charge, and subsequent opportunities to provide explanations and supporting evidence. Despite being afforded sufficient and reasonable opportunities; the Athlete has failed to provide any credible explanation supported by evidence to rebut the presumption of intent.
6. It is further submitted that the explanations offered by the Athlete, including alleged consumption of diet and supplements on the advice of coaches, lack of anti-doping awareness, medical history, and dietary intake, are vague, unsubstantiated, and devoid of any corroborative evidence. Such explanations do not discharge the burden of proof placed upon the Athlete under the NADR, 2021.
7. It is submitted that the Athlete has neither contested the analytical findings through the opening of the ‘B’ samples nor provided any justification for the presence of the prohibited substances. Accordingly, the right to B sample analysis has been rightly deemed waived, and the A sample results stand confirmed.
8. It is further submitted that the Athlete has failed to establish the source of the prohibited substances. In the absence of establishing the source, no mitigation can be granted under

the NADR, 2021. In view of the above facts and circumstances, it is respectfully submitted that the violations under Articles 2.1 and 2.2 stand fully established against the Athlete, involving multiple prohibited substances, and no grounds for reduction or elimination of sanction are made out.

9. Given his experience, the Athlete is expected to exercise a high degree of caution when consuming any supplements and cannot shift the burden upon third party. Accordingly, NADA submitted that a violation has taken place, and the athlete has failed to discharge the burden of proving that his breach was without intent. Therefore, he will be held accountable under Article 10.2.1.1. of ADR 2021.
10. In light of the foregoing, it is most respectfully prayed that this Hon'ble Panel may be pleased to:
 - a) Hold the Athlete guilty of Anti-Doping Rule Violations under Articles 2.1 and 2.2 of the NADR, 2021;
 - b) Impose an appropriate period of ineligibility in accordance with the NADR, 2021, considering the presence of multiple prohibited substances as an aggravating factor; and
 - c) Pass such other order(s) as this Hon'ble Panel may deem fit and proper in the facts and circumstances of the case.

F. OBSERVATION AND FINDINGS OF THE ADDP

After considering the facts placed before the Panel, it is observed as under:

1. It is undisputed that the Athlete's Sample has tested positive for **Anabolic Androgenic Steroids (AAS) / Metandienone and Clenbuterol – Other Anabolic Agents**. These are non-specified substances and listed as a **S1.1 Anabolic Androgenic Steroids** Class of WADA's prohibited list.
2. As per Article 2.1 of the Anti-Doping Rules 2021, it is the personal duty of every athlete to ensure that no prohibited substance, as defined, enters his or her body. Reference may also be made to Article 2.1.2 which provides that presence of a prohibited substance or its metabolites is sufficient proof of anti-doping rule violation where the Sample A returns an adverse finding and the athlete waives off the analysis of Sample B. In the present case, the Athlete has not requested for analysis of the Sample B and is thus deemed to have accepted the findings contained in Sample A.
3. The burden of proof with respect to the question of intention lies with the Athlete who has the duty of establishing on a balance of probability that he did not know that his conduct might result in an ADRV and did not manifestly disregard that risk; however, the Athlete has failed to meet his burden to rebut the presumption of intentionality for reasons that the Athlete has not been able to explain how the prohibited substance entered his body.
4. The Panel notes that to establish the origin of a prohibited substance, the athlete must provide clear and supported evidence. It is not enough for the athlete to simply claim

innocence, make assumptions, or suggest that the substance may have entered the body through a supplement, medicine, or other product. Instead, the athlete is required to present concrete and convincing evidence rather than mere speculation showing that a specific supplement, medication, or product consumed by them actually contained the prohibited substance.

5. It is a well-settled principle of law that the absence of intent, in the absence of establishing the origin of the prohibited substance, can only be accepted in truly exceptional circumstances. In the present case, the Athlete has failed to demonstrate any such exceptional circumstances so as to rebut the presumption of intentionality. The reliance placed by the Athlete on the injury to his right ankle sustained in January 2023, his hospitalization at the Naval Hospital, Mumbai for a period of 3–4 months, the medications administered during such treatment, the consumption of medicines for toothache on his own, and the treatment for a kidney-related ailment, does not satisfactorily explain the presence of the prohibited substance. Accordingly, these submissions are insufficient to establish that the violation was unintentional.
6. In light of the settled legal position and relevant case law, the arguments advanced do not disclose any exceptional circumstances capable of negating the presumed intentional nature of the violation. Accordingly, in the absence of any credible explanation or exceptional factors, the violation is held to be intentional, and the Athlete is liable to be sanctioned.
7. The Panel notes that multiple prohibited substances have been detected in the sample of the athlete. The Panel is satisfied that the use of multiple prohibited substances invokes aggravating circumstances, which may result in more severe penalties or sanctions under anti-doping rules.
8. In view of the facts and circumstances stated above, the Panel holds that the Athlete is liable for sanctions under Article 10.2.1.1 read with Article 10.4 and liable for ineligibility for six (6) years. In the present case, since the Athlete had been provisionally suspended, the Panel accordingly holds that the Athlete's period of his ineligibility for 6 years shall commence from the date on which the notification was sent, i.e., 06.09.2024.
9. We also direct that under Article 10.10 all other competitive results obtained by the athlete from the date of sample collection i.e., 09.08.2024 shall be disqualified with all resulting consequences including forfeiture of medals, points, and prizes


(Charu Pragya)
Chairperson


(Dr. Vikaas Sharma)
Medical Member


(Mr. Bharat Chetri)
Sports Member