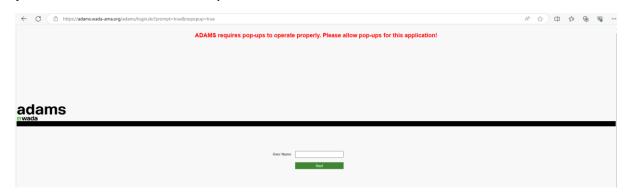
Some athletes, usually those who are part of a Registered Testing Pool (RTP), are required to provide whereabouts information. This information is used by NADA to locate athletes for effective out of competition sample collection process.

The whereabouts information consists of:

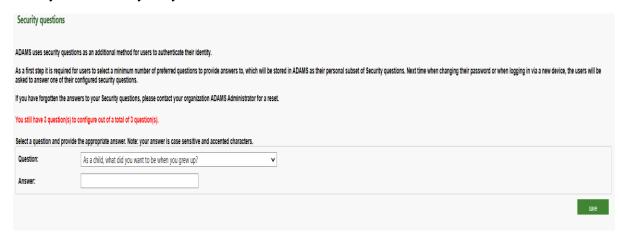
- o Home address, email address and phone number
- Overnight accommodations: An address for overnight accommodations/stay.
- Regular activities, such as training, work, and school, the locations and the times of these activities
- o Competition schedules and locations
- A 60-minute time slot for each day where they'll be available and accessible for testing and liable for a potential 'missed test

Some Important points to remember while using ADAMS platform for submission of whereabouts:

1. Always allow *pop-us* in web browser (e.g. Mozilla Firefox etc.) before adding your ADAMS username and password.



2. The security questions and answers selected by athletes must be noted down safely so that they may retrieve it in the time of need.



3. Contact details *such* as *email* address and active mobile number must be added properly so that they may receive *OTP* while generating their own password.

Contact Details	
Please provide your contact details. After	this information is validated, it will be used to send temporary code as an alternate login method.
Email address*:	
Mobile phone number:	
	submit

4. 2FA with TOTP or 2FA with SMS configure option can be configured later or opted out.

o-Facto	or Authentication with One-Time Password configuration
	order to increase the security of your account, you are required to configure a Two-Factor Authentication with One-Time Password with one of the llowing methods:
- т	FOTP: use an Authenticator Application to generate a temporary one-time password (highly recommended).
- S	SMS: receive a verification code on your mobile device.
Ple	ease select the method you want to configure:
	Configure 2FA with TOTP Configure 2FA with SMS
Ιv	want to configure it later

- 5. In case the athlete forgot his/her updated password, then please go to the forget password option. The athlete will receive an email from ADAMS to updated the password.
- 6. Multiple time slots/too many overnight accommodation/other multiple entries/ missing mailing address/missing email ID/Missing entries of the competition or regular activities leads to non-compliant status of whereabouts. An athlete can check missing entries by clicking on whereabouts guide.

WHEREABOUTS FILLING DUE DATES

Filing deadline	Whereabouts period
31 December	Q1: 1 January – 31 March
31 March	Q2: 1 April – 30 June
30 June	Q3: 1 July – 30 September
30 September	Q4: 1 October – 31 December

WHEREABOUTS FAILURE:

- **FILLING FAILURE:** There may be consequences if an athlete does not file their whereabouts information on time or provides inaccurate information. This is known as a filling failure.
- MISSED TEST: There may be consequences if an athlete is not where they say they are, and they cannot be located for testing. This is known as a missed test
- Any combination of 3 filling failures or missed tests in a 12-month period may lead to an Anti-Doping Rule Violation (ADRV).

For more information, please click on the following links:

https://www.wada-ama.org/en/testing-and-investigations

https://www.wada-ama.org/en/what-we-do/world-anti-doping-code